

ABSTRACT

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A headrest assembly ^{is provided} wherein a headrest guide and/or a headrest insert permit adjustment of the headrest even when one or more components of the headrest assembly are misaligned or out of tolerance. The headrest guide includes two sleeves, each sleeve forming a channel, the two sleeves rigidly connected with respect to one another so that the channel of each sleeve is parallel with the other. The headrest insert includes a flexible coupling that permits two generally parallel headrest rods to self-align with respect to the channels of the headrest guide.

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